

TOGETHER AGAINST FOOD WASTE

A Sharing Community in Action



GREEN ACTION
WEEK 2026

55 kg

of food wasted
at home
per person in
India every year
UNEP estimate

WHERE DOES FOOD GO TO WASTE?

3 Places

where food gets wasted



HOW MUCH IS ENOUGH?

Which plate
would you finish?

Take a little
first.

You can always
take more.



A simple
way to
serve yourself



1. Take a little
first.



2. Eat it.



3. Take more
if you're still hungry.



4. Refrigerate
leftovers within
2 hours.

CONSUMER
VOICE

GREEN
ACTION
WEEK
2026

WHAT CAN WE DO WITH EXTRA FOOD?

Who could you share with?

Share food while it is fresh.

Never share food that smells or looks spoiled.



You can share with:



Family



Friends



Neighbours

Ask an adult. If you are not sure, don't share it. Put it in the compost instead.

WHAT WILL YOU DO TODAY?

Three simple choices for a brighter tomorrow.



1

**Take what
you can eat**



Take a little first.

2

Finish it.



Enjoy what you take.

3

Share it.



Share with family,
friends or neighbours.



Food should feed people, not fill bins.

